

In the Loop



Bingo Dates

September 13
Late Night

September 23
Late Night

October 21
Late Night

October 30
Early Night

Please contact
Barb Hay
628-8825

if you are interested in
volunteering

The FWFC wishes
to thank

THE ONTARIO
TRILLIUM
FOUNDATION



LA FONDATION
TRILLIUM
DE L'ONTARIO

for their generous
grant to improve our
music system.

Please visit
www.trilliumfoundation.org

Try one of our Club Programs

The FWFC is proud to offer great programs to suit all its members

Our **Pre-School** and **CanSkate** programs teach the fundamentals of skating to beginners of any age. Offered twice a week (Sundays and Wednesdays), skaters participate in groups led by NCCP certified coaches and program assistants.

This year, our program is being administered by **Stacie Furlonger**. Stacie is a certified Intermediate STAR-Skate coach who also achieved her Gold status in the Coaches' Continued Education

Program. Last year, Stacie was a semi-finalist for the Skate Canada Best of the Best CanSkate coach.

Our **Pre-Preliminary** program is our learn to figure skate program geared to more advanced skaters. Offered twice a week (Mondays and Fridays), skaters participate in groups with NCCP certified coaches.

This year, our program is being administered by our newest coach, **Stephanie Lafleur-Morin**. Stephanie has a wealth of knowledge in the new CPC Judging System as she has been trained as a Technical

Specialist and Controller.

Our newest program is the **CanPowerskate** program. CanPowerskate is a high energy instructional power skating program geared to hockey skaters that focuses on balance, power, agility, speed and endurance. Offered twice a week (Sundays and Wednesdays), instructed by certified NCCP CanPowerskate coaches, skaters acquire skills to apply in game situations.

Feel free to contact the Club for more information at 623-7353 or info@fortwilliamfsc.com

Don't Forget!

FWFC Registration

Sat.. Sept. 12, 2009
1:00 - 4:00 pm
&
Wed. Sept. 16, 2009
6:00 - 8:00 pm

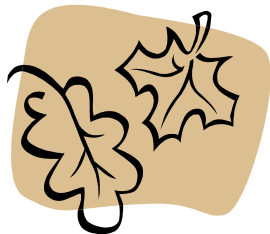
Confederation
College
Room C229

What is considered soliciting?

Solicitation can be done by a coach, parent or a skater on the coaches behalf.

Solicitation includes contact directly, indirectly or through a third party, in person, by telephone, letter or other means directed to a specific recipient. Parents in the stands talking and convincing other parents to switch their skater to the "better" coach is considered tampering. Avoid soliciting coaches for your own best interest. If you witness any form of solicitation, tell your coach or Kathy Groop, Club President immediately.





In the Loop

Welcome from our President - Kathy Groop

On behalf of the Board of Directors and professional coaching staff, I would like to take this opportunity to welcome all our parents and skaters back to the Fort William Figure Skating Club. It is my privilege to represent this club as president.

The Club is very pleased to welcome back our professional coaching staff of Sarah Boyechko, Stacie Furlonger, Pam Kaartinen, and Kristine Martyn. We are excited to welcome our newest member to our coaching staff, Stephanie Lafleur-Morin.

Please view the list of the board members, committees, professional coach-

ing staff directory and important dates to remember in our Skater/Parent Handbook. I would also encourage you to visit our website. The website is routinely updated for our skaters and parents with all the latest news and information to assist you with your journey with our Club and the world of skating.

As in years past, there are a number of fundraisers that the club puts on throughout the year. These fundraisers help to significantly offset the cost of supplying the many programs that the Fort William Figure Skating Club offers. Some of the upcoming fundraising events include selling the popular

chocolates, Mom's pantry, and for the first time, we will be hosting a fundraising social for adults this year on November 13, 2009.

Volunteers are a major part of every non profit organization and the Fort William Figure Skating club is no different. We are always looking for volunteers for our bingos, mini competition, Thunder Bay Open, Kids Christmas and Halloween parties and annual ice show. We encourage you to take part in your skater's passion for skating by lending a hand or becoming a board member, every little bit helps contribute to the clubs future.

The FWFSC Board of Directors is looking for interested members to sit on the Board of Directors for the season.

If interested, please contact
Kathy Groop at
groove@tbaytel.net

Exciting Club Fundraising Opportunities

Canadian Tire Money

Do you have spare Canadian Tire money laying around the house? Did you ever think of donating it to the Club?

The FWFSC is looking for donations of Canadian Tire Money to help purchase various items throughout the skating season including supplies for the CanSkate program, and prizes for the Christmas party and AGM banquet. Please bring your donations to the CanSkate Table on Sundays and/or Wednesday evenings.

Club Social

On Friday November 13th, the FWFSC will be hosting a fun night out for parents and friends. Mark this date on your calendars and stay tuned for more information!

Mom's Pantry

Once again, orders will be taken in early fall for Mom's Pantry. Catalogues and order forms will be available shortly.

BOGO Cards

Last year's BOGO Cards are still available at \$5.00 each. An excellent buy – use it once and it pays for itself! Participating retailers include Home Depot, Future Shop,, Home Outfitters, Pizza Hut and Mr. Sub.

KAPOW Gourmet Lollipops

Back by popular demand, KAPOW Gourmet Lollipops are available in numerous flavours for \$1.00 each. If you have a great venue for selling these lollipops, please let us know.

Please feel free to contact our Fundraising Committee if you have suggestions. Our committee is always looking for volunteers.

Fort William Figure Skating Club Clothing

Show your Club spirit by wearing FWFSC Clothing. This year, Club hoodies, warm up jackets and pants will be available.

We will be placing an order in early November. These items make excellent Christmas gifts for all members.

Please call Andrea at 622-3587 if you are interested in ordering. The Club will also have ordering days set up at the arena. Stay tuned for more details.





Fort William Figure Skating Club

901 East Miles Street
Thunder Bay, Ontario
P7C 1J9

Phone: 807-623-7353
E-mail: info@fortwilliamfsc.com



No matter what your goals in skating, our programs will help you get there!

Fort William Figure Skating Club 2009-10 Board of Directors

President -	Kathy Groop	475-9237	Other Members -		
Past President -	Darren Smallwood	622-6869	Darrell Jewett	285-4781	
Vice President -	Teresa Hampton	623-0276	Shelly Frost	346-9204	
Second VP -	Barb Hay	628-8825	Corrie Poulin	622-1648	
Secretary -	Julia Mullins	939-2244	Andrea Saunders	622-3587	
Treasurer -	Tracy Shields	628-0225			

Fort William Figure Skating Club 2009-10 Committee Members

Bingo -	Barb Hay, Darrell Jewett	Pro-Liaison -	Julia Mullins (Chair), Kathy Groop, Carolyn Stewardson, Shelley Frost
Competition -	Shelley Frost, Carolyn Stewardson	Publicity -	Julia Mullins, Teresa Hampton, Corrie Poulin, Andrea Saunders
Fundraising -	Andrea Saunders, Teresa Hampton	Skater's Devel -	Julia Mullins, Corrie Poulin, Carolyn Stewardson
Hospitality -	Corrie Poulin, Shelley Frost	Test Chair-	Teresa Hampton
Ice -	Stacie Furlonger, Darrell Jewett	Off Season Schools -	Barb Hay, Carolyn Stewardson, Corrie Poulin, Kathy Groop
Ice Show -	Kathy Groop (Chair)		
Membership -	Barb Hay		
Music -	Andrea Saunders, Darren Smallwood		
Program Reps -	CanSkate - Stacie Furlonger		
	Pre-Preliminary - Stephanie Lafleur-Morin		
	Junior - Barb Hay, Kristine Martyn		
	Intermediate - Andrea Saunders		
	Senior - Carolyn Stewardson		



Do you have FWFSC news to share?

As much as we would like to be, we realize that we cannot be in all places at once. FWFSC news happens all the time and everywhere!

Share your stories, information, and special events and we

will do our best to include them in our monthly newsletter or on our website. If you have any news that you would like to be placed in our newsletter "In the Loop" or added to our website, please submit them to:
info@fortwilliamfsc.com

Please make sure that you get an email confirmation saying that we received your article.

