



You're in the Loop

Upcoming

Important Dates

Winnipeg Superskate
Registration forms due
Fri. October 15

FWFSC Skate-a-thon
Sat. October 23

Skate Thunder Bay
Registration forms due
Mon. October 25



CanSkate
Halloween Party
Wed. October 28

2011 BMO Sectionals
Huntsville, ON
October 29-30

As our 2010-11 kicks off, we appreciate your patience while our programs get up and running.

October is always a busy month and our Board reminds all members to continue to check the website for the most up-to-date information at

www.fortwilliamfsc.com

The **Thunder Bay Health Unit** is hosting two parent/coach sessions called "Body Sense."

Thurs. Oct. 14 1:30-3:30 pm
Nor'wester Hotel
Fri. Oct. 15 7:30-8:30 am
Thunder Bay Health Unit

These workshops teach parents and coaches to help their young athletes to find the balance of a positive body image, healthy eating and activity. **Both workshops are FREE.** To register, please contact **625-8315**.

In order to keep our costs low for our members, our Club needs to do **fundraising**. Our fundraising chairperson, Kathy Groop, is working hard to offer different fundraising initiatives. Please read our fundraising article below and assist us where possible.

Competition announcements will be distributed to all coaches for all competitions in the area. Make sure you do not miss the dates of submission as the Club is responsible for sending all Club forms to the competition committee.

Bingos at the CLE continue to be our Club's biggest supporter. To volunteer, please contact Darrell Jewett, our Bingo Chairperson.

Wednesday CanSkate members, do not forget to wear your costume to the **Halloween**

Party on Wed., October 28. Treats will be given to all participants.

We will be asking all members to complete a short **Zoomerang survey** to let us know how we are doing. All surveys will be distributed via email and completed online. Please take a few minutes to complete this survey as they will be available shortly.

Wishing everyone a very Happy Thanksgiving!

Julia Mullins
FWFSC President



~ FWFSC Fundraising Initiatives ~

This year, the Club is excited to offer different fundraising initiatives for our members.

Frito Lay Halloween Chips are being sold for \$12.00/box. Order forms are due October 13.

AVON will be sold through the Club. All books will be available at the CanSkate table on Mondays and Wednesdays. Thank you to our AVON representative, Catherine McKibbon.

FWFSC Skate-a-thon will be held October 23 at Fort William Gardens. Sessions available for all members. There are exciting prizes including Celebrations on Ice rink side seats to be won. Pledge forms and more information available on the website.

Quality Market receipts are also being collected. For every \$450 before taxes in receipt we collect from Quality Market,

Quality Market will donate \$1.00 to the Club. This is an easy way to help support our fundraising endeavours.

Please ask your friends and family to help us collect receipts. No receipt is too small. Receipts can be turned in at the CanSkate Information table on Mondays and Wednesdays or placed in the envelope on the bulletin board.

Stay tuned for more fundraising initiatives throughout the season.

October Bingo Dates

Wednesday, October 13
Late - 9:30 pm

Monday, October 25
Late - 9:30 pm

Wednesday, Nov 3
Evening - 5:30 pm

at the **CLE**

Proud Member of



Exciting Skater's Development Opportunities



Myriane Samson

The Thunder Bay Figure Skating Club is hosting a Skater's Development Seminar October 16 & 17 at Port Arthur Arena.

The seminar features Olympic Coach Manon Perron and International Team Member Myriane Samson.

Off ice sessions feature Lynda and Stephanie DePiero along with Thunder Bay Health Unit dietician Karling Zaporzan.

There is still space available, if you are interested please contact Tammy Eckman at tammy.eckman@tbaytel.net



Manon Perron with Olympic Bronze Medalist Joannie Rochette

Thunder Country Region "EME" Skater's Development Seminar

On February 26 & 27, the Thunder Country Region will be hosting a Skater's Development seminar in conjunction with Thunder Bay Open.

Olympic Silver Medalist Elizabeth Manley and International Team Members Meagan Duhamel and Eric Radford

will be in Thunder Bay at the Thunder Bay Tournament Centre.

This seminar will be starting at the conclusion of the competition with our guest facilitators Elizabeth, Meagan and Eric along with some off-ice facilitators.

If members register by November 15, they will benefit from the Early Bird fee of \$80. Don't delay, register today!

Registration forms are available on the main page of the website.



Meagan Duhamel & Eric Radford
International Team Members



Olympic Silver Medalist - Elizabeth Manley

Winnipeg Superskate Competition - November 26-28, 2010



The announcement is now available for Superskate 2010. If you are interested in attending this competition, please ask your Professional Coach for more details. All registration forms are due Friday, October 15. The Club has rooms set aside at a group rate.

FWFSC Winnipeg Superskate Accommodations Travelodge East 1-877-991-4440
Rooms must be booked by November 1, 2010 to receive group rate.

Skate Thunder Bay Competition - December 3-6, 2010

The announcement is now available for Skate Thunder Bay 2010. If you are interested in attending this competition, please ask your Professional Coach for more details. All registration forms are due Monday, October 25.

Fort William Figure Skating Club

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Fort William FSC 2010-11 Board of Directors

President -	Julia Mullins	939-2244	Other Members -		
Past President -	Kathy Groop	475-9237		Brian Campbell	767-6425
Vice President -	Teresa Hampton	623-0276		Angela Champagne	473-9191
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Treasurer -	Andrea Saunders	622-3587		Darrell Jewett	285-4781
				Misty Pachnosky	623-7353
				Karen Roberts	473-4040

Fort William FSC 2010-11 Coaching Staff

Sarah Boyeckko	623-3047	Stephanie Lafleur-Morin	807 934-0914
Stacie Furlonger	768-1686	Kristine Martyn	939-2004
Kaitlyn Groop	475-9237	Melissa Sargent	TBD
Pam Kaartinen	285-0950	Carolyn Stewardson	577-5910
		Lisa Zimak	TBD

For more information about our coaching staff, please visit our website at www.fortwilliamfsc.com



No matter what your goals in skating, our programs will help you get there!